



Addressing the needs of high-risk children & adolescents

A Magellan monograph

Magellan's new clinical monograph, *Understanding and Meeting the Needs of Children and Adolescents at High Risk: Foundations of a Model*, highlights the prevention and treatment of problematic behaviors and various types of behavioral health challenges in children and adolescents.

Setting a new bar for the industry

Our monograph provides a clear, research-based description of the issues and barriers involved in the treatment of children and youth. With a focus on holistic treatment, it guides a model of care for serving children, youth and their families that is comprehensive and adaptable to complex circumstances. This model transcends methods that consider youth in terms of segments, systems or services and considers the development and preservation of positive human condition and a successful journey to adulthood.

Critical issues

Our discussion emphasizes critical issues for high-risk groups of children and adolescents to ensure effective benefit and program design, planning, delivery and evaluation of services to meet their specific needs. This includes children who are:

- Exposed to trauma, maltreatment or neglect
- Involved in child welfare systems
- Living with a parent/parents who have mental health/substance use disorders
- In a home with absent/incarcerated parents
- Displaying disruptive behaviors, impulse control and conduct disorders
- Experiencing depression or anxiety
- Abusing drugs and alcohol and have substance use disorder(s)
- Living with multiple disorders, including intellectual/developmental disorders

Our approach to caring for children and youth

With this monograph, we emphasize Magellan's model for serving children and youth.

Our approach is to:

- **Help young people** successfully live with their families, enjoy friends, achieve in school, participate in their communities and transition to adulthood.
- **Engage, embrace and support** all sectors of the community to advance the health, well-being and future of our nation's youth.

Why develop this monograph?

We developed and are sharing this document to benefit a wide range of groups and individuals. Specifically, we aim to help:



Providers plan strategically and enhance services for children, youth and families.



Advocacy organizations effectively articulate and advance a public policy agenda.



Youth and families use their strengths and effectively express their needs to inform treatment decisions and manage life challenges.



Policymakers and agencies shape and steward sound policies, sustainable resources and best practices to meet the challenges of children, youth and families involved in all child-serving systems, including child welfare and juvenile justice.

Services for youth and families

Our monograph reviews services for youth and families in the context of Magellan's core network competencies:

- Culturally competent and trauma-informed approaches to care
- Screening and assessment strategies with evidence-informed tools
- Crisis planning and core crisis interventions
- Psychopharmacological treatment and oversight
- Family-driven and youth-guided care
- Evidence-informed psychosocial treatments
- Outcomes monitoring

The monograph as guide

Magellan's monograph is more than an academic document. We outline how we operate, what we believe in and what we know to be best. As we share this information for the benefit of providers, youth, families, policymakers and other advocates and community stakeholders, we continue to generate an expanded array of services and supports for children, youth and families.

For more information

To read the complete monograph, go to: Go to www.MagellanProvider.com. Click on Providing care > Clinical guidelines > Clinical monographs.

*For more about Magellan's services for children and youth,
email PublicSectorSolutions@MagellanHealth.com.*