



# Suicide: A Public Health Crisis

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BARRY SMITH, CHAIRMAN AND CEO

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**Magellan**  
HEALTH<sup>SM</sup>



One company, two unique platforms

A Fortune 500 company



Offices in 26 states & D.C.



10,500 Total Employees



40+ years  
in behavioral  
health

20+ years  
in specialty  
health

54M  
behavioral  
& specialty  
health lives

162k  
Magellan  
Complete Care  
lives

1k+  
employer  
contracts

## Improving Outcomes for Complex Populations

### Customers:

- Employers
- Health plans
- Provider groups
- State governments
- Federal government

### Solutions:

- Behavioral health
- Specialty medical
- Employee assistance programs
- Full-service specialty health plans
- Complex populations



40+ years  
in Medicaid  
pharmacy

30+ years  
in self-funded  
employers

13.9M  
medical  
pharmacy  
lives

2M  
commercial  
PBM  
lives

27 states  
& Washington DC  
in State Medicaid  
PBA business

## Solving Complex Pharmacy Challenges

### Customers:

- Employers
- Managed care organizations
- Unions
- State & local governments
- Medicare & Medicaid

### Solutions:

- Core PBM capabilities
- Targeted clinical programs
- Traditional & specialty drug management
- Insights & analytics
- Member engagement programs

# A True Public Health Crisis



**10th**

leading cause of death, claiming twice as many lives as homicide



**45,000+**

Americans die each year as a result of suicide

**\$93.5 billion**

combined medical and work loss costs each year as a result of self-inflicted injuries



**9.8 million**

adults report having serious thoughts of suicide in the past year

**2.8 million**

adults report making a suicide plan in the past year

**22.9**

Deaths by suicide per 100,000 people in Idaho – 58% higher than the national average

# Healthcare and Government Leaders Can Drive Solutions



## Increase Education and Awareness

- Community-wide and statewide programs
- Have an audacious goal: path to zero suicides/"one is too many"

## Break the Stigma around Mental Health Disorders

- Make sure providers are equipped for early detection
- Create opportunities for open dialogue in the community

## Train Family Members and Peers

- Outreach to people supporting family/friends with mental health conditions
- Encourage engagement via peer support programs

## Improve Access to Care

- Incentivize behavioral health training for providers
- Make depression screening part of every primary care visit

# Magellan Success Stories



Working together, [we can make a difference](#)

- In one local program, Magellan trained behavioral health workers in Applied Suicide Intervention Skills Training (ASIST), and completed suicide rate fell by **67%** for the population overall, and **42%** for the population challenged by Serious Mental Illness
- Numerous individual success stories across the country – across geography and socioeconomic status



49 year old woman with history of mental health disorders, escalated due to serious relationship issues, reported to her Magellan case manager that she was obsessively contemplating self-harm. After completing a targeted treatment program, she has stayed compliant with medications, continues to see a therapist, and is working full time.



A member's wife called Magellan's customer service team to report that her husband was threatening suicide due to recent worsening of bipolar disorder. We contacted emergency services, and arranged inpatient treatment, followed by outpatient follow up care and referral to community resources. The member and his wife report that he is once again compliant with treatment and no longer has suicidal thoughts.



72 year old woman attempted to overdose on prescription drugs due to feeling depressed after an injury left her temporarily unable to participate in her normal activities. Magellan contacted emergency services and arranged immediate treatment. She is now seeing a counselor regularly and opening up to family and friends about her struggles with depression, and has been encouraged by how many people understand what she's going through.



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