



Promoting Resiliency through Peer Support Whole Health

Location: Online Webinar

Duration/Time: 1.0 CE clock hour

Cost: Free of Charge

Speakers: **Tom Lane, CRPS**, National Director, Consumer and Recovery Services, Magellan Health.

Tom Lane, CRPS is the national Director of Consumer and Recovery Services for Magellan's Public Sector Division and provides leadership and guidance in promoting the concepts of recovery, resilience, and wellness throughout Magellan Health systems of care, in addition to providing technical assistance and training to Magellan staff, providers, advocates, and community stakeholders. Currently, he is leading Magellan's Peer Support Whole Health and Wellness initiative. Prior to joining Magellan, he worked as Vice President of Recovery Supports and Forensic Services for New Horizons of the Treasure Coast, a community mental health center in Florida.

He has 14 years experience developing and implementing peer-operated programs, services, and supports in the community and within publicly funded provider settings, including inpatient and state hospital settings. He contributed to *Principled Leadership in Mental Health Systems and Programs*, authored by Dr. Bill Anthony and Ms. Kevin Huckshorn, published in 2008 by the Boston University's Center for Psychiatric Rehabilitation. Tom has provided technical assistance and training across the United States about recovery, & resiliency, reducing seclusion, restraint and other coercive practices, as well as social inclusion. He frequently presents at state and national conferences.

Tom is a member of the National Advisory Board of the College of Community Inclusion and Recovery, a partnership between Temple University, the University of Minnesota, and Elsevier - a world-leading provider of scientific, technical and medical information products and services. The mission of the College of Community Inclusion and Recovery is to promote broader participation in community life of individuals with psychiatric disabilities by building the needed attitudes, knowledge, and skills of those who provide them with supports and services in community settings.

Disclosures: Mr. Lane has no relevant financial relationship commercial interest that could be reasonably construed as a conflict of interest.

Target Audience: This activity is targeted for intermediate skill levels and is intended for behavioral health providers & administrators, social workers, alcohol and drug abuse counselors, mental health policy makers, consumer, parent and family-run organizations and researchers.

Eligible CE Clock Hour:

Case management is the targeted skill level for addiction professionals. Social workers, and licensed addiction professionals will receive CE clock hours after successful completion of course requirements. This event is not available for CE clock hours for counselors and psychologists.

Goal: This webinar will provide information and education about promoting resiliency health domains through peer support designed to address whole health and wellness.

Learning Objectives: Upon completion of this webinar, participants should be able to:

1. Discuss the impact co-morbid conditions have on people living with psychiatric disabilities
2. Describe the four resiliency domains
3. Identify at least 3 practical approaches to supporting people improve their overall health in the four resiliency domains incorporated into the Peer Support Whole Health and Resiliency model
4. Discuss the role of trained peer specialists in promoting improved health outcomes in the four resiliency domains

Course Outline

Peer support is an evidence based practice, and the role of peers in supporting whole health, resiliency, and wellness is evolving. Resiliency is a topic regularly mentioned in the mental health and substance abuse fields, but there is minimal education on practical approaches to promoting resiliency among people living with psychiatric disabilities. This course will discuss the importance of resiliency as an element of personal health and wellness, with an emphasis on the role of peer support and the four resiliency domains included in the Peer Support Whole Health and Resiliency model.

1. Comorbidity and Early Death
2. Wellness
3. Peer Support and Whole Health
4. Resiliency
5. The four Resiliency Domains of Whole Health
6. Practical Strategies for Promoting Resiliency via Peer Support

Eligible CE Credits/Hours: (1.0 CE Clock Hour)

Upon request, all other healthcare professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE clock hours for this activity, please contact your professional licensing board.

How to Obtain CE Clock Hours:

To obtain CE Clock Hours or your CE certificate, you must attend the webinar in its entirety, complete the post-test, and course evaluation via a web link. The web link for the post-test and course evaluation will be given at the end of the webinar. After passing the post-test (80% passing score is required) and completing the course evaluation, a certificate will be emailed within 30 days. If you have questions about the course requirements or CE clock hours, contact ce@magellanhealth.com or 410-953-4707.

Approval Statements:

Magellan Health, provider #1127. Magellan Health, Inc. is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education Program (ACE). Approval Period: February 6, 2015 – February 6, 2018. Magellan Health, Inc. maintains responsibility for this program and its content. Social workers should contact their regulatory board to determine course approval. Social workers will receive 1.0 continuing education clinical clock hour

Magellan Health, provider #91099. This course has been approved by Magellan Health, Inc. as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #91099, Magellan Health, Inc. is responsible for all aspects of their programming.

Commercial Support:

Magellan Health did not receive any commercial support for this continuing education programs. If you have questions or would like additional information regarding the content or level of this activity, the speaker's potential or known conflicts of interest, activities not offered for CE credit, and/or technical assistance, contact:

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Requesting Special Accommodations:

Magellan Health will make reasonable accommodations for participants with physical, visual, or hearing impairments. To arrange appropriate access accommodations, contact:

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Email: ce@magellanhealth.com

Complaints and Grievances:

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