



Compassion fatigue resources

Would you like to know more about compassion fatigue? Take a look at these resources:

- **Magellan Healthcare tip sheet on Compassion Fatigue and COVID-19** <https://www.magellanhealthcare.com/documents/2020/03/compassion-fatigue-and-covid-19.pdf/>
- **Compassion Fatigue Awareness Project (CFAP)** - <http://www.compassionfatigue.org/index.html>), along with **Healthy Caregiving** (healthycaregiving.com), have a wealth of resources to support caregivers in prioritizing their own wellness.
Compassion Fatigue Awareness Project Founder Patricia Smith shares about compassion fatigue in her [TED Talk: How to Manage Compassion Fatigue in Caregiving](#)
- **Figley Institute** provides resources, training and workshops to support those who provide emotional relief to others. <http://www.figleyinstitute.com/indexMain.html>