

# Digital peer support - A whole-of-society approach to widespread availability of mental health and psychosocial support

Magellan Healthcare, Inc., a subsidiary of Magellan Health, Inc. (Magellan), invites you to view the recording for this webinar, and find information below on how to obtain CE credit.

## Webinar details

**Type of Activity:** Instructor-led recorded webinar (home study)

**Cost:** Free of charge

**Duration/time:** 1.5 CE hours (90 minutes)

**Speaker:**



Karen L. Fortuna, PhD, LICSW  
Assistant Professor of Psychiatry  
Geisel School of Medicine at Dartmouth College

**Target audience:** This activity is targeted for beginner skill levels and is geared for certified counselors.

**Goal:** The purpose of this educational activity is to understand the current landscape of digital peer support services across the globe and learn how to implement digital peer support within systems of care.

**Learning objectives:** Upon completion of this activity, participants should be able to:

1. Develop an expertise in technologies used to offer digital peer support.
2. Summarize how digital peer support can be integrated into systems of care.
3. Explain the benefits of digital peer support to address mental health challenges and substance use challenges.

### Course outline:

1. History of digital peer support
2. Service delivery benefits of digital peer support for mental health and substance use challenges
3. Effectiveness of digital peer support for mental health and substance use challenges
4. Digital peer support technologies available
5. Challenges of digital peer support
6. Peer and academic partnership
7. Digital peer support certification
8. Peer support smartphone app database

**About the speaker:** Dr. Fortuna holds a doctorate in social welfare and a master's degree in social work. Dr. Fortuna is an Assistant Professor of Psychiatry in the Geisel School of Medicine at Dartmouth College. Her primary research interest is service delivery strategies for older adults with serious mental illnesses and chronic health conditions. Dr. Fortuna is using community-engaged research methods to develop and implement the peer-supported mobile health program "PeerTECH." Dr. Fortuna was awarded a NIMH K01 award (K01MH117496), a NARSAD Young Investigator Grant from the Brain and Behavior Foundation, the Alvin R. Tarlov & John E. Ware Jr. Award in patient reported outcomes for her work, and the Gerontological Society of America's AGESW Faculty Achievement Award. Dr. Fortuna serves on the American Psychiatric Association's Smartphone App expert panel and served on the International Standards Advisory Committee to develop the first-ever international accreditation standards for behavioral health care for older adults. She is editor of JMIR: Journal of Participatory Medicine.

**Disclosures:** Dr. Fortuna has no relevant financial relationship commercial interest that could be reasonably construed as a conflict of interest. Dr. Fortuna offers consulting services through Social Wellness, LLC.

## CE credit eligibility

**Eligible CE hours:** 1.5 CE hours (90 minutes)

Upon request, all other health care professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE hours for this activity, please contact your professional licensing board.

**How to obtain CE hours:** To obtain CE clock hours you must view the course in its entirety and complete the course post-test (80% passing score required) and evaluation via a web link to be displayed at the conclusion of the course. Upon completing the course requirements, you will be

issued a certificate. Partial attendance is not accepted.

If you have questions about the course requirements or CE hours, contact:

Magellan/CE Administrator

Email: [ce@magellanhealth.com](mailto:ce@magellanhealth.com)

**Approval statements:** Magellan has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6233. Programs that do not qualify for NBCC credit are clearly identified. Magellan is solely responsible for all aspects of the program.

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## Additional information

**Commercial support:** Magellan did not receive any commercial support for this continuing education program.

If you have questions or would like additional information regarding the content or level of this activity, the speaker's potential or known conflicts of interest, activities not offered for CE credit and/or technical assistance, contact:

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**Requesting special accommodations:** Magellan will make reasonable accommodations for participants with physical, visual or hearing impairments.

To arrange appropriate access accommodations, contact:

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To express a complaint or grievance, contact:

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Phone: 410-953-4707

Email: [ce@magellanhealth.com](mailto:ce@magellanhealth.com)

## Continuing education policy and FAQs

To request a copy of the [Continuing Education Policy and FAQs](#) contact:

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