Black and white and gray all over: Ethics for providing quality peer support

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Webinar details

Type of Activity: Instructor-led recorded webinar (home study)
Cost: Free of charge
Duration/time: 1.5 CE hours (90 minutes)
Speaker:
Jean Dukarski, CPSS
Program Director
Justice in Mental Health Organization

Moderator:
Lisa Goodale, MSW
Consultant
Westat and Humannovations

Target audience: This activity is targeted for intermediate skill levels. It is intended for certified peer specialists, clinical and non-clinical staff.
**Goal:** The purpose of this educational activity is to explore ethics related to delivery of peer support services, raise awareness of the effects of personal values and experiences on ethical decision-making, and offer a framework for peer specialists to make ethical decisions in their work.

**Learning objectives:** Upon completion of this activity, participants should be able to:
1. Provide a working definition of ethics
2. Describe how personal values and life experiences affect ethical decision making
3. Name three common conditions that can lead to ethical violations in peer support and determine strategies for avoiding such violations

**Course outline:**
- Purpose and benefits of peer support services
- Typical areas of ethical concern for peer specialists
- Definition of ethics
- Personal values and life experiences that can influence ethical decision-making
- Common conditions that can lead to peer support ethical violations, a peer specialist’s ethical obligations related to these conditions, and how a peer specialist can avoid violations
- Group review of real-world situations with the potential for ethical violations – determining ethical decision-making and actions

**About the speakers**

**Jean Dukarski,** CPSS, is a Michigan certified peer support specialist who has worked as a consumer advocate since 1992. She is the program director of the Justice in Mental Health Organization. Jean has been instrumental in organizing mental health consumer groups, providing training in board development, and assisting in the expansion of consumer-operated and directed services throughout the state.

Since 2005, Jean works as a consultant for Michigan’s peer trained workforce and a national subject matter expert, training peer specialists for certification. She is a continuing education instructor in the areas of health and wellness, advanced directives, ethics and the subject of suicide. She is the senior trainer with Appalachian Consulting Group. She has trained veterans across the country as peer support specialists on behalf of the Depression Bi-Polar Support Alliance (DBSA). Additionally, she is a Whole Health Action Management trainer for the National Council for Behavioral Health.

Jean is extremely passionate about the many pathways to recovery that empower people to take control of their life. She is an ardent believer in hope and that possibilities exist for everyone.

**Lisa Goodale,** MSW, is a social worker and healthcare consultant with special expertise in mental health, peer support services and healthcare integration. She currently consults with Westat and with Humannovations and served as quality assurance manager with Affirma Solutions for the SAMHSA Evidence-Based Resource Development Guides (EBRD) initiative in 2019. Goodale was a long-time senior staff member for the Depression and Bipolar Support Alliance (DBSA) national headquarters where her experience included spearheading a nationally recognized peer specialist training program.
preparing people to live successfully with mental health conditions to support the recovery of their peers. She played a lead role in securing and managing a $1M+ national peer specialist training and certification contract with the Department of Veterans Affairs. Goodale’s research experience includes:

- Co-Investigator, Pilot Trial of Peer Support for Bipolar Disorder; Group Health Cooperative/Center for Health Studies/Center for Intervention and Services Research; Gregory Simon, Ph.D., Principal Investigator; National Institute of Mental Health (Grant R34 MH073605)
- Expert Panel Member, Peer Specialist Services in the VA: Fidelity of Implementation; VISN 4 MIRECC; Matthew Chinman, Ph.D., Investigator

She holds an MSW degree from the University of Illinois at Urbana-Champaign and a BA degree from Augustana College (IL).

Disclosures
Jean Dukarski has no relevant financial relationship commercial interest that could be reasonably construed as a conflict of interest. Lisa Goodale has no relevant financial relationship commercial interest that could be reasonably construed as a conflict of interest

CE credit eligibility

 Eligible CE hour(s): 1.5 CE hour (90 minutes)
Upon request, all other health care professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE hours for this activity, please contact your professional licensing board.

How to obtain CE hours: To obtain CE clock hours you must view the course in its entirety and complete the course post-test (80% passing score required) and evaluation via a web link to be given after the conclusion of the course. Upon completing the course requirements, you will be issued a certificate. Partial attendance is not accepted.

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Additional information

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