

Suicide Prevention Awareness Month

Suicide is a leading cause of death in the US. Suicide rates have increased more than 30% in half of states since 1999.¹ As suicide reaches crisis-level proportions in our nation, Magellan recognizes suicide as a public health crisis. We believe that one suicide is too many. During Suicide Prevention Awareness Month in September and throughout the year, suicide prevention is a primary focus of Magellan in managing behavioral health for our members and providing education in our communities. We are committed to increasing awareness of suicide prevention and offering free resources about the warning signs and skills needed to save a life. We encourage you to use these resources and share.

If you or someone you know is having thoughts of suicide, call 911 or contact a suicide hotline:

- National Suicide Prevention Lifeline (1-800-273-8255)
- Crisis Text Line (text HOME to 741741)

Suicide Prevention Awareness Month events

Morning Scoop with Arizona Capital Times webinar, mental health and suicide prevention, Tuesday, Aug. 25

- Access the recording with Dr. Shareh Ghani, Magellan medical director, and other experts [here](#).

Magellan Healthcare #bhXPRT Twitter chat, youth suicide, Thursday, Sept. 10, 3:00 – 3:30 p.m. ET

- Make your voice heard as we discuss this critical issue facing our nation's youth on World Suicide Prevention Day with special guest, Greg Dicharry, Magellan Healthcare youth empowerment director. Find all the details, including the discussion questions and how to participate [here](#).

Hope Rising for Suicide Prevention virtual summit, Saturday, Sept. 26, 12:00 p.m. – 12:00 a.m. ET

- This uplifting event is being planned and hosted in partnership with the nation's leading suicide prevention organizations to empower attendees with the motivation, skills and resources needed to positively impact suicide prevention efforts in their communities. Visit [HopeRising.org](https://www.hoperising.org) for the evolving details and registration.

Suicide prevention information and education

- Check out our Magellan Health Insights blog posts, "The role of lived experience in suicide prevention" and "Magellan's commitment to suicide prevention, for Suicide Prevention Awareness Month and beyond," [here](#).
- Visit our [suicide prevention resources website](#) for event updates, downloads and more.
- Follow us on [LinkedIn](#), [Twitter](#) and our MY LIFE [Facebook](#) page in September for more information and tools addressing suicide prevention.

¹ <https://www.cdc.gov/vitalsigns/suicide/>