October is National Depression & Mental Health Awareness and Screening Month

No one is immune to depression

Depression is the leading cause of disability in the U.S. Of the 17.3 million individuals that experience depression, 35% do not receive treatment.

**Ethnicity as a percentage of the U.S. population:**

- Two or more races: 11.3%
- American Indian & Alaska Native: 8.0%
- White/Caucasian: 7.9%
- Black/African American: 5.4%
- Hispanic: 5.4%
- Asian: 4.4%

**Women:** 8.7% of women experience depression

**Men:** 5.3% of men experience depression

**LGBTQ adults:** 2.5x more likely to experience depression than heterosexual individuals

**Transgender youth:** 4x more likely to experience depression than their non-transgender peers

For more information and helpful resources, visit MagellanHealthcare.com/Mental-Health.

Sources: ADAA.org, CDC.gov, NIMH.NIH.gov, Psychiatry.org, SuicidePreventionLifeline.org