

# Magellan Healthcare's Screen and Engage

At least 25% of primary care patients suffer from mental illness, yet primary care providers identify only 8.4%.1 Magellan's Screen and Engage promotes early diagnosis and treatment of the most common behavioral health conditions by giving PCPs a quick, easy way to screen patients for potential behavioral health issues and engage them in the appropriate level of behavioral healthcare.

#### Early diagnosis minimizes impact

Our SmartScreener\* tool assesses for the most common behavioral health conditions by employing tools widely used by behavioral health professionals:

- Anxiety—General Anxiety Disorder (GAD)
- Depression—Patient Health Questionnaire (PHQ)
- Insomnia—Insomnia Severity Index (ISI)
- Pain—Pain, Enjoyment, General Activity (PEG)
- Alcohol use—Alcohol Use Disorders Identification Test (AUDIT)
- Drug use—Drug Abuse Screening Test (DAST)

Real-time results allow provider staff to quickly triage and refer patients to proper interventions.

#### **Engagement leads to better outcomes**

Patients receive real-time results with medicationfree, evidence-based recommendations for next steps.

- On To Better Health—Our digital self-help platform gives patients 24/7 access to digital cognitive behavioral therapy modules, an extensive resource library, live chat with a clinical specialist and access to a telehealth provider network.
- **Digital cognitive behavioral therapy**—The only of its kind to receive the highest rating under SAMHSA's National Registry of Evidence-based Programs and Practices review process, our modules engage members in evidence-based therapy.
- Case management—High-risk patients work with a dedicated case manager who will help them understand their behavioral health challenges and develop a plan to address them.

# 52% of patients

screened with SmartScreener in the primary care setting screened positive for a behavioral health condition.<sup>2</sup>

### 75% of individuals

prefer a non-medication care option when asked.3

Identifying and engaging individuals with behavioral health issues early can reduce the time spent on behavioral health conditions during medical appointments and substantially improve behavioral health outcomes and cost of care. Contact us at gensales@magellanhealth.com to learn more.

<sup>\*</sup>SmartScreener is available in Spanish.

## Screen and Engage Process





Front office staff

**print** results from

the dashboard

and scan into

patient's EMR

# Members can receive access to:

- On To Better Health
- Magellan case manager (high and severe cases)
- $\otimes$

Non-members can receive access to:

- · On To Better Health
- Alert to seek BH services or MD consultation

#### Patient completes SmartScreener:

- Prior to office visit via link in appointment reminder email or text message
- In the waiting room of the provider's office

Providers receive real-time results and treatment recommendations within clinic dashboard

Magellan case managers receive alerts for high and severe cases

- 1. American Psychological Association. Data on behavioral health in the United States. Retrieved July 26, 2018 from http://www.apa.org/helpcenter/data-behavioral-health.aspx
- 2. Magellan internal data, 2017-2018.
- 3. Magellan internal data, 2012-2016.

