Manage financial stress during the holidays with COVID-19

Lack of money is one of the biggest holiday stressors. This can be really hard during COVID-19. You may not be able to avoid stressful situations during the holidays. But you can set financial limits and plan to respond to problems in a healthy way.

Want to learn more?
Go to www.healthwise.net/MagellanHealth and search for “holidays” or “COVID-19.”