

**STAY HOME  
for MY LIFE  
VIRTUAL  
YOUTH  
FEST**

**CELEBRATE  
YOUTH**

**Thursday, December 10, 2020  
7:00-8:30 p.m. Eastern**

**It's time to celebrate all the challenges we have overcome in 2020,  
and prepare for an amazing 2021!**

**Join us for this fun and festive event with inspirational speakers,  
uplifting entertainment, engaging activities and giveaways.**

***Featuring***

**MY LIFE youth leaders**

**David Sylvester Jr., singer and songwriter**

**Michael A.V. Mitchell, inspirational rapper and author**

**Jessie May Wolfe, founder of the Heart Rise Movement**

**Jamall Anthony, singer and songwriter**

**Angela Quijada-Banks, poet and author of Black Foster Youth Handbook**

**Andrew Ecker, founder of Drumming Sounds and Sacred 7**

***Registration is required for this Free Event***  
***[www.bit.ly/celebratemylife](http://www.bit.ly/celebratemylife)***

**Stay Home for MY LIFE is an inspiring online event designed for youth and  
young adults who have experience with mental health, substance use,  
foster care and/or other challenges.**



**For more information, contact:**

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**or visit [Facebook.com/mylifeyouth](https://www.facebook.com/mylifeyouth)**



**National Federation of Families  
for Children's Mental Health**

