

# Office-Based Opioid Treatment

Magellan Healthcare's Solution is paving the road to recovery

For individuals suffering from opioid dependence—and those on the edge of addiction—making it through each day of recovery can be a challenge. But there is hope. Magellan Healthcare's Office-Based Opioid Treatment (OBOT) solution combines clinical, pharmaceutical and technological expertise to identify potential or current opioid users and meet them where they are. No matter where or how someone encounters opioids, or where they may be in the cycle of use, dependence or addiction, we have a solution.

## Magellan Healthcare

**Early identification**—To identify members with potential substance misuse problems and reduce the harms associated with addiction, Magellan employs:

- Evidence-based analytics that stratify members based on risk.
- PCP screening tools that identify potential behavioral health problems and help direct members to appropriate treatment.
- Referrals from inpatient facilities, medical care management and providers.

**Provider collaboration**—Screening, Brief Intervention, Referral to Treatment (SBIRT) and other tools guide PCPs to appropriate treatment.

Our provider education efforts include an OBOT training course that includes mentoring and required practice protocols, the importance of using appropriate medications when developing members' treatment plans, and training on how to establish care coordination links to community resources and care management.

**Improved access**—Our Centers of Excellence expedite the referral process and increase access to outpatient care support. Member access to ambulatory detoxification provides the benefits of inpatient detoxification in a less-restrictive, cost-effective environment.

## OBOT improves addiction management

OBOT has been shown to decrease mortality by approximately 50% among persons with opioid-use disorder.<sup>1</sup>

Up to 91% percent of individuals using OBOT remain in treatment after 12-month follow-up.<sup>2</sup>

**Virtual medication-assisted treatment**—Our optimized model for telemedicine uses virtual visits for medication maintenance and virtual group therapy with face-to-face video between members and providers to treat opioid use disorder.

**Care management**—From inpatient/residential care until members are safe and successfully recovering in the community, our dedicated care managers and care transition specialists assist members by connecting them with providers who can help them maintain recovery and resources to support recovery goals, as well as follow-up on progress and ongoing needs.

**Digital emotional wellness tools**—Our evidence-based digital emotional wellness tools address the full spectrum of behavioral health, including chronic pain and opioid recovery, and provide personalized, actionable and timely support that helps deliver lasting outcomes.

## Magellan Rx Management

**Supply management**—As a front-line defense, Magellan Rx uses comprehensive prior authorization criteria and has implemented several strategies to combat opioid dependence at the source, including:

- Clinical edits and dosing limits to reinforce CMS and CDC best practices.
- Claims surveillance, data analytics and pharmacist-led academic detailing to help identify members and providers with increased risk factors.
- Specially trained clinical pharmacists connect directly with providers to coordinate patients' health journeys.
- Early member engagement to reduce long-term therapy and prevent opiate dependence and addiction.
- Drug disposal assistance to direct members to safe dispensing facilities in their area.

**Member education**—The Opioid New Start program helps anyone who needs assistance understanding opiate prescriptions, their risks and warning signs of abuse through educational videos and materials.

Caused by factors unrelated to willpower and morals, opioid dependence affects men and women from all backgrounds and social levels. When therapy and support groups aren't enough, Magellan's OBOT solution can help your members recover from addiction, giving them access to needed treatment without having to go to traditional rehab.

For more information about our solution and how it can improve outcomes and reduce cost of care, contact us at [mhcinfo@magellanhealth.com](mailto:mhcinfo@magellanhealth.com).

1. [https://www.asam.org/docs/default-source/public-policy-statements/statement-on-regulation-of-obot.pdf?sfvrsn=df8540c2\\_2](https://www.asam.org/docs/default-source/public-policy-statements/statement-on-regulation-of-obot.pdf?sfvrsn=df8540c2_2)

2. <https://www.ncbi.nlm.nih.gov/books/NBK541393/>