

**STAY HOME
for MY LIFE**

**VIRTUAL
YOUTH
FEST**

SPREADING HOPE

Thursday, August 26, 2021

6:00-7:30 p.m. Eastern

Inspirational speakers, uplifting entertainment, fun activities and information on a variety of topics important to youth.

Stay Home for MY LIFE is an inspiring online event designed for youth and young adults who have experience with mental health, substance use, foster care and/or other challenges.

These amazing speakers will share their personal recovery stories and experience with helping others find hope and healing:

- **Dana Foglesong**, director of recovery services, Magellan Healthcare
- **Michael "A.V." Mitchell**, inspirational rap artist and author
- **Jeff Thompson**, engineering intern and recovery advocate

Free Event

Registration is required

<http://bit.ly/mylife2021>



For more information, contact:

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or visit [Facebook.com/mylifeyouth](https://www.facebook.com/mylifeyouth)

NFFCMH



National Federation of Families
for Children's Mental Health

Magellan
HEALTHCARE.