

2023 September Suicide Prevention Awareness Month

Suicide claimed the lives of more than 48,000 people in the U.S. in 2021.¹ It is the second leading cause of death for children aged 10–14 and adults aged 35–44, and the third leading cause of death for young people aged 15–24.² From 2004 to 2020, the prevalence of depression among children has increased 89%.³ The prevalence of mental health conditions among adults has increased 19% from 2008 to 2020.⁴ Of individuals aged 12 or older in 2021, 16.5% had a substance use condition.⁵ Of those who have a substance use condition, 25% died by suicide.⁶ Over 50% of deaths by suicide are associated with dependence on drugs and alcohol.⁷

During September and throughout the year, Magellan Healthcare is committed to increasing awareness about the signs of suicide in yourself and others and the importance of speaking up when help is needed. People can and do recover from mental health and substance use conditions and anything that may be contributing to suicidal thoughts, going on to live happy, vibrant lives. We encourage you to learn more through the resources on this page, and share with family, friends and colleagues.

Magellan Healthcare webinar

"Say more, save a life," Friday, September 29, 2:00–3:00 p.m. ET

- **Magellan presenters:**
 - Abe Robertson-Gordon, CPSW, recovery support navigator II
 - Andrew Sassani, MD, chief medical officer, California, HAI and MHS
 - Lyle Forehand, MD, medical director
- Visit [here](#) for more information and free registration.

Additional information and resources

- Visit MagellanHealthcare.com/Prevent-Suicide for event updates, downloads and more.
- Follow us on [LinkedIn](#) and [Facebook](#) for more information and tools.
- Check out our Magellan Health Insights [blog](#) for posts in September and beyond.

¹ [Suicide Awareness Voices of Education \(SAVE\), "U.S.A. SUICIDE: 2021 OFFICIAL FINAL DATA"](#)

² [CDC, Leading Causes of Death](#)

³ [SAMHSA 2020 National Survey of Drug Use and Health \(NSDUH\) Youth Mental Health Trend Tables](#)

⁴ [SAMHSA 2020 National Survey of Drug Use and Health \(NSDUH\) Trend Tables and Adult Mental Health Trend Tables](#)

⁵ [SAMHSA 2021 National Survey of Drug Use and Health \(NSDUH\) Substance Use Disorder and Treatment Tables](#)

⁶ [Journal of Addictive Diseases, "Suicide Risk Associated with Drug and Alcohol Dependence"](#)

⁷ [CDC, "Disparities in Suicide" information](#)