

Mental health awareness and helping others

Magellan Healthcare is proud to support Inspiring My Generation whose mission is to save lives through mental health awareness, early symptom detection, emotional support and suicide prevention.

Through their Encouragement Card Program, they enlist the community to provide emotional support to individuals hospitalized in psych wards as a sign of hope and love. We encourage you to complete an encouragement card as a sign of hope for someone who feels hopeless and a touch of love for someone who feels unworthy. You can give the card to someone you know or donate it to the program.

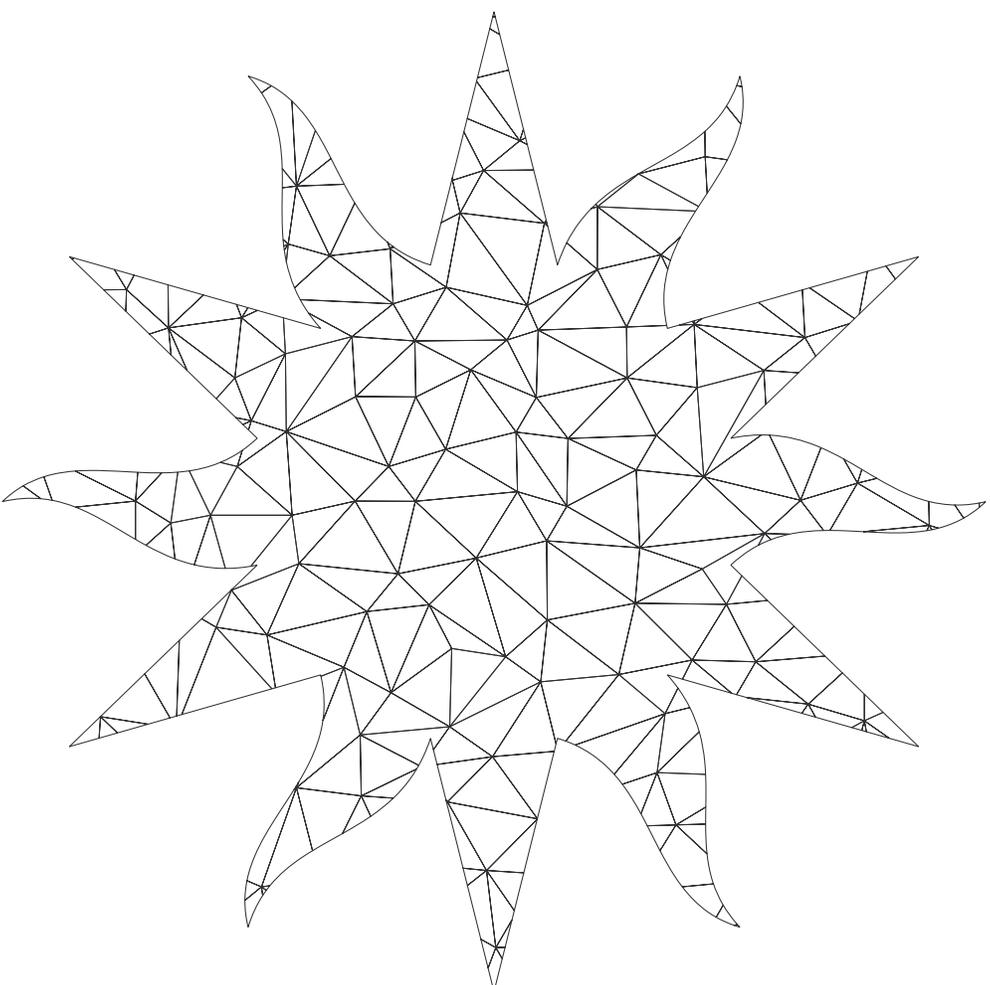
Here's how to participate:

1. Color in the graphic on the front of the card.
2. Write a positive, supportive or uplifting message on the inside of the card.
3. Fold the card in half.
4. Mail the card to:

7957 N University Drive #154
Parkland, FL 33067

Learn more about Inspiring My Generation at inspiringmygeneration.org

Don't lose hope.



*When the sun goes down,
the stars come out.*

