

## When the Pot Boils— Help People Cool It



You can enhance your skills in navigating tough emotional situations. Register for this webinar to:

- Discuss the different ways in which people think and interact.
- Practice strategies to deal with difficult people and heated situations.
- Learn reliable ways to cool yourself down when the pot gets hot.

Call your Employee Assistance Program at 1-800-450-1327 (TTY 711) or visit MagellanAscend.com (use Principal Core) for helpful resources.