

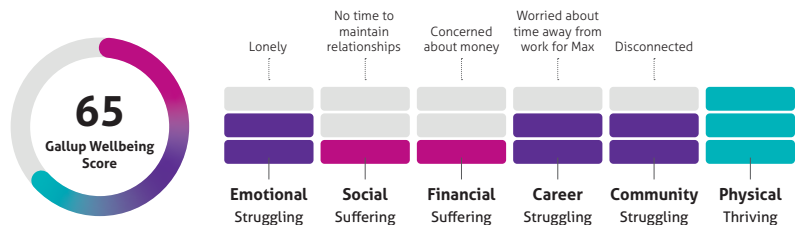
STRUGGLING

An eMbrace journey



Meet Muhammed, a 45-year old single dad to Max who has autism spectrum disorder. Max's needs require extra attention, and Muhammed has to juggle a lot of daily responsibilities.

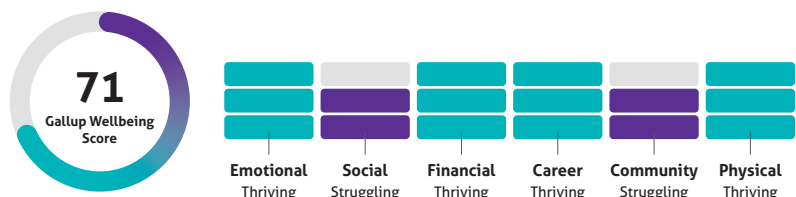
He takes the Gallup® Wellbeing Survey. While he's doing well physically, **Muhammed is struggling** in the other areas of his life. He doesn't know what to do.



Luckily, he has a personalized wellbeing plan and support through eMbrace. This plan gives him directions and resources to get the help he needs:

- Meeting with a coach
- Speaking with a financial specialist
- Connecting with other parents

Life gets better for Muhammed after a few months of following his personal plan. His reassessment shows he's made progress toward thriving in more areas of his life.



Ready to talk to someone about transforming your employee experience?
Visit MagellanHealthcare.com/eMbrace or email MHCinfo@MagellanHealth.com.