

National Depression and Mental Health Awareness and Screening Month

Depression is real, common and treatable. Recovery is possible.



SEE A COUNSELOR

Call your health insurance company for referrals and more information.



TAKE A SCREENING

Go to MagellanHealthcare.com/Mental-Health-Screening.



TRY SELF-HELP

Check out MagellanHealthcare.com/Mental-Health.

Help is available. For more information and helpful resources, visit MagellanHealthcare.com/Mental-Health.

