



Your behavioral health resources for June

Find support for recent tragic events, Pride Month and much more

Coping with stress and anxiety caused by recent tragic events

Find resources to help:

- [New Magellan tip sheet](#)
- [Psych Hub Trauma Response Toolkit](#), including videos, podcasts, links and more for parents, teachers, friends, family, employers and anyone who is navigating how to heal from trauma (also find the Magellan and Psych Hub online Psychiatric Collaborative Care Model course [here](#))



June Pride Month

Visit the Facebook page [Magellan Recovery, Resiliency and MY LIFE](#) for posts supporting LGBTQ mental health.

July BIPOC Mental Health Awareness Month

Visit [MagellanHealthcare.com/BIPOC-MH](#) to find tip sheets, flyers, posters, Zoom background and more!



New behavioral health videos

Visit [MagellanHealthcare.com/BH-Resources](#) for new videos:

- How to Get Help During a Mental Health Crisis
- Emotional Freedom Technique (EFT): How It Works
- 5 Ways to Manage Your Emotions
- 5 Ways to Cope When Things Feel Out of Control



- Choosing a Counselor or Therapist for Your Child

Events

Upcoming

- June 8-9, 2022

Going Digital: Behavioral Health Tech summit, sponsored by Magellan ([info and free registration](#))

- July 20, 2022, 2:00 - 3:00 p.m. ET

Magellan Healthcare webinar, "Navigating mental healthcare: Unique challenges faced by the BIPOC community" ([info and registration](#))

Previous

- May 24, 2022

Magellan Healthcare webinar, "Genetic testing—access and diagnosis, and direct-to-consumer vs. clinical testing" ([info and recording](#))

- May 11, 2022

Magellan Healthcare webinar, "Addressing the effects of social media on kids" ([info and recording](#))

- May 4, 2022

Magellan Healthcare Children's Mental Health Summit, Atlanta, GA ([info](#))



Magellan Health Insights blog posts

- [Collaborative Care: The Benefits of Attending to Mind and Body Together](#)
- [5 Ways to Improve Your Wellbeing](#)
- [Protecting Youth Mental Health](#)
- [Addressing the Effects of Social Media on Kids](#)
- [Mental Health is as Important as Physical Health](#)



Magellan in the News

- Magellan Health, [Magellan Federal Launches NeuroFlow's Population Health Platform for Military Families](#)
- Principal, [A Step-by-Step Guide to Support Employee Mental Health and Well-Being](#)
- *Verywell Mind*, [Severe COVID May Speed Up Cognitive Decline: Experts Explore Routes of Care](#)

- *MedCity News*, [At-Home Alcohol Treatment Covered by Insurance for BlueShield of CA and Western Health Advantage Members](#)

