

International Men's Day focuses on men's health, improving gender relations, highlighting male role models and promoting positive expressions of masculinity.

This observance is a time to:

- Celebrate positive contributions by men to society and the environment.
- Focus on making a difference in men's health and wellbeing.
- Highlight discrimination against men, including under the law.
- Promote gender equality and improve gender relations.

Visit your member website for more information.

