Suicide Prevention Cards

Print and cut out these four cards. Distribute in high-traffic locations.



For immediate support, call or text the 988 Suicide and Crisis Lifeline.

SAY MORE SAVE LIFE

For immediate support, call or text the 988 Suicide and Crisis Lifeline.

Never Ever Ever Ever Give Up

For immediate support, call or text the 988 Suicide and Crisis Lifeline.

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BREAK the SILENCE, SPEAK UP & REACH OUT



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