

Behavioral Healthcare Management

Magellan’s Behavioral Healthcare Management Solution combines advanced clinical approaches and innovative technology to improve member outcomes. Our 50-year experience in behavioral health has resulted in a unique approach that has decreased emergency department visits by 34%,¹ increased member quality of life by 42%² and reduced cost of care by 45% using 5-star providers.³

The Magellan difference

Identification

- **Analytics** help identify undertreated individuals early and point to interventions.
- **High-value utilization management** improves member outcomes and provider satisfaction.

Intervention

- **Behavioral health screenings** help identify potential behavioral health issues, including substance use, and direct members to treatment.
- **Case management** helps ensure care is aligned and integrated within medical delivery systems.
- **Peer support** connects members with community and social support.
- **Innovative clinical programs** are used to manage high-cost, complex populations.

Technology

- **Digital tools** help identify, engage, educate and increase access to behavioral healthcare.
- **Continuous analysis** of behavioral, medical and pharmacy costs help us hone and customize clinical pathways.⁴

Many need help. Most aren’t getting it. Turn to Magellan.

We can help your health plan address the staggering statistics:

- In the U.S., 26% of individuals 18 and older suffer from a diagnosable mental disorder.⁵
- In countries like the U.S., with well-organized healthcare systems, the average delay between onset of mental illness symptoms and treatment is 11 years.⁶
- Health plan expenditures for members with comorbid physical and mental health conditions are 2–3X higher than those without.⁷
- Effective integration of behavioral and physical healthcare can generate \$38 to \$68 billion in healthcare cost savings nationally each year.⁷

To discuss how we can help you improve identification, engagement, cost savings and member quality of life, please contact us at mhinfo@magellanhealth.com.

Our ASO and integrated product packages offer varying levels of clinical intensity, digital health access, medical integration and risk sharing.

ASO

Reduces high-cost behavioral health trends

- Base stratification
- Enhanced UM/CM clinical models
- Prior auth for psych testing, ECT, TMS, IOP and PHP
- Network management
- Claims payment
- Data integration services (eligibility, authorization, accumulator, etc.)
- Provider relations
- Member services
- Customer management (implementation, account management, and medical director)
- Digital member and provider portals
- Online PCP toolkit
- Quality (complaints, accreditation, grievances, satisfaction, HEDIS support)
- Reporting
- Third-party administration and operations
- Fraud, waste and abuse without payment integrity

Risk

Reduces costs through behavioral & physical health integration

Includes ASO features, plus:

- Predictive analytics
- Chronic pain management
- App-based support for certain conditions (e.g., eating disorders, SUD, suicide)
- InforMED (Rx adherence and gap management)

Optional features

- Analytics-driven risk stratification using medical, pharmacy and BH data⁷
- Magellan Autism Connections[®]
- Magellan Collaborative Care Management
- Digital Emotional Wellbeing with evidence-based DCBTs for anxiety, depression, chronic pain, substance use disorder, and sleep difficulties
- Advanced Suicide Prevention
- Opioid risk management
- MAT-OBOT network and support

Our robust approach helps decrease costs, improve engagement and increase community tenure, leading to better lives for the members we serve.

1. *Magellan collaborator outcomes, 2022.*
2. *Magellan Healthcare internal data, 2021.*
3. *Magellan Healthcare internal data, 2022.*
4. *When provided by health plan clients.*
5. *Mental Health Disorder Statistics | Johns Hopkins Medicine.*
6. *Mental Health By the Numbers | NAMI: National Alliance on Mental Illness.*
7. *Milliman | Potential economic impact of integrated medical behavioral healthcare.*