April is Autism Acceptance Month

## Understanding neurodiversity

Neurodiversity refers to the diverse ways in which people experience the world, be it at school, at work or in social settings. Neurodivergence affects 15–20% of the population.

Some of the most prevalent conditions among individuals who identify as neurodivergent are:

- Autism spectrum disorder (ASD)
- Attention-deficit hyperactivity disorder (ADHD)
- Down syndrome
- Dyscalculia
- Dysgraphia
- Dyslexia
- Dyspraxia
- Intellectual disabilities

- Mental health conditions like bipolar disorder, obsessive-compulsive disorder, etc.
- Prader-Willi syndrome
- Sensory processing disorders
- Social anxiety
- Tourette syndrome
- Williams syndrome





