

April is Autism Acceptance Month

Understanding neurodiversity

Neurodiversity refers to the diverse ways in which people experience the world, be it at school, at work or in social settings. Neurodivergence affects 15 – 20% of the population.

Some of the most prevalent conditions among individuals who identify as neurodivergent are:

- Autism spectrum disorder (ASD)
- Attention-deficit hyperactivity disorder (ADHD)
- Down syndrome
- Dyscalculia
- Dysgraphia
- Dyslexia
- Dyspraxia
- Intellectual disabilities
- Mental health conditions like bipolar disorder, obsessive-compulsive disorder, etc.
- Prader-Willi syndrome
- Sensory processing disorders
- Social anxiety
- Tourette syndrome
- Williams syndrome



For more information and helpful resources, contact your Employee Assistance Program at 1-800-356-7089 (TTY 711) or go online to Member.MagellanHealthcare.com.

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