May is Mental Health Awareness Month

Mental health matters at every age

Mental health is a lifelong journey. From childhood through older adulthood, prioritizing mental wellbeing builds resilience and fosters meaningful connections. This month, take time to learn and support mental wellbeing at every stage of life.



Scan the QR code to visit Member. Magellan Healthcare.com or call your Employee Assistance Program at 1-800-356-7089 (TTY 711) for more information.



