

June is LGBTQIA+ Pride Month

Take pride in LGBTQIA+ equality

Everyone deserves to live safe, supported and mentally healthy lives, regardless of their sexual orientation or gender identity.

Here are ways in which you can support LGBTQIA+ individuals:

- 1 Educate yourself and others.** Learn about the history, struggles and achievements of the LGBTQIA+ community, and talk with others about LGBTQIA+ issues. Share your knowledge and experiences to dispel misconceptions.
- 2 Attend Pride events.** Show your solidarity by participating in local Pride events. It is a great way to celebrate diversity and have fun.
- 3 Be an advocate.** Use your voice to campaign for LGBTQIA+ rights and equality in your community and beyond.
- 4 Spread the word on social media.** Share uplifting messages, personal stories and helpful resources on your social media platforms. Use your voice to create a more inclusive and accepting online community.



Scan the QR code to visit Member.MagellanHealthcare.com (enter Principal Core) and select your employer to access your benefits. Or call your Employee Assistance Program at 1-800-450-1327 (TTY 711) to get started.