



News and solutions for
you and your members

Magellan
HEALTHCARE.



WHAT'S NEW?



2025 MENTAL HEALTH AWARENESS MONTH TOOLKIT

As we recognize Mental Health Awareness Month this May, we encourage you to access our campaign toolkit, filled with free resources to support "Navigating mental health through every age and stage of life."

These downloadable materials are available to help raise awareness, spark meaningful conversations, and support mental health in your community.

The toolkit includes:

- Flyer
- Poster



WHAT ELSE?



Behavioral Health Matters Podcast

▶ ▶ Listen to Episode Ten Now! ▶ ▶

BEHAVIORAL HEALTH MATTERS



Episode 10:
A Conversation with
Dr. Caroline Carney,
president of behavioral
health and chief medical
officer, Magellan Health

Magellan
HEALTHCARE.

Catch up on our latest episode!

[Tune in](#) as Dr. Caroline Carney, president of behavioral health and chief medical officer at Magellan Health, shares her personal journey, her leadership role, and expert insights on today's behavioral health landscape.

- Digital sign
- Activity
- Virtual background

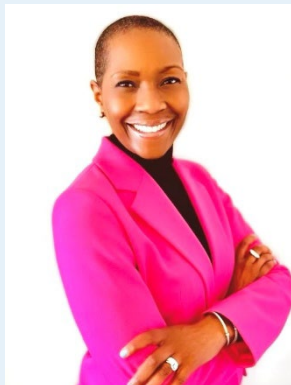
[Download Materials](#)

VISIT OUR MENTAL HEALTH RESOURCES HUB

Looking for more mental health
resources?

Check out
[magellanhealthcare.com/bh-
resources](https://magellanhealthcare.com/bh-resources).

SPOTLIGHT MAGELLAN: GET TO KNOW DANA GALBREATH



This month we're shining the spotlight
on Dana Galbreath, senior director,

MAGELLAN INSIGHTS BLOG



[Supporting Mental Health at Every
Stage of Life](#)

NEWS

Becker's Payer Issues,
[Using AI to Drive Patient Outcomes &
Health Plan ROI](#)

Behavioral Health Business,
[Kaine, Banks Lead Bipartisan Push to
Formalize Peer Support in SUD, Mental
Health Care](#)

Behavioral Health Business,
[What Are We Getting Out of This?:
Standardizing Care Quality Remains a
Vital Question for Autism Therapy
Industry](#)

global compliance and ethics,
corporate compliance.

[Get to know Dana!](#)

MIND YOUR MENTAL HEALTH

Mind Your Mental Health is Magellan Healthcare's educational initiative designed to raise awareness about mental health and mental illness.

May's theme is "Practicing healthy social media use."

Visit
MagellanHealthcare.com/about/bh-resources/mymh for more information and resources.

EXPLORE OUR LATEST TIP SHEETS

[Thriving in Transition: 10 Tips to Cope with Change](#)

[Building Positive Interactions: How to Establish Boundaries and Practice Civility](#)

MedCity News,
[The Silent Mental Health Crisis of Climate Change](#)

UPCOMING EVENTS

State of Reform Florida
May 22, 2025 - Orlando, FL

[Learn more and register](#)

OPEN MINDS Children's Services Summit

June 12, 2025 - New Orleans, LA

[Learn more and register](#)

[Check out where else we'll be in 2025.](#)

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Please feel free to forward this email and visit our [monthly newsletter archive](#).

[Practical Ways to Reduce Anxiety
About World Events and Stay
Emotionally Healthy](#)

Anyone can sign up to receive this newsletter by choosing "Behavioral health webinars and education" in the form [here](#).

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