

**STAY HOME  
for MY LIFE  
VIRTUAL  
YOUTH  
FEST**

# **YOUR STORY MATTERS**

*Sharing stories of recovery helps heal.*

**Thursday, January 28, 2021  
6:00-7:30 p.m. Eastern**

***Inspirational speakers, uplifting entertainment, fun activities and information on a variety of topics important to youth.***

**Stay Home for MY LIFE is an inspiring online event designed for youth and young adults who have experience with mental health, substance use, foster care and/or other challenges.**

**These amazing speakers will share their inspirational recovery stories and describe what they do to overcome challenges in order to survive and thrive.**

**Emma Benoit**, suicide prevention and mental health advocate

**Melissa Hopely Rice**, author and speaker, Michael's Giving H.A.N.D.

**Marissa MacKeverican**, youth support coordinator, Magellan Healthcare

**Melanie Marshall**, software technology manager and advocate

**Armando Grillo**, entrepreneur and advocate

**Gabe Webster**, actor and advocate

***Free Event***

*Registration is required*

***<http://bit.ly/mylife2021>***



**For more information, contact:**

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or visit Facebook.com/mylifeyouth



National Federation of Families  
for Children's Mental Health

