

# Magellan Healthcare Children's Services

In partnership with state, county and other governmental agencies across the country, Magellan manages innovative programs that serve the broad spectrum of behavioral health (BH) needs for more than 500,000 children.



We help children and youth with complex BH challenges stay in their homes and communities, and out of costly and restrictive care settings, and prepare them for the transition to adulthood.

We are national leaders in managing BH services for:

- A full range of preventive, treatment and integrative care services for infants and youth through transition to adulthood
- The most vulnerable children with the most complex BH needs, who are in or at risk of out-of-home placement
- Children with multi-system involvement (child welfare, juvenile justice, etc.)
- Children who have co-occurring BH and autism, intellectual disabilities and/or substance use disorder

## Our Approach to Care



### Built on system and community partnerships

Successes driven by our relationships

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### Clinically innovative

Proven to positively impact all we serve

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### Data and outcomes driven

Continuously improving program quality

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### Evidence-based

Exceeding national standards and expectations

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### Youth- and family-voice centered

Prioritizing individual needs and empowerment

*"I am extremely proud of the outcomes [Magellan] has been able to achieve to help youth stay at home, in school and out of trouble. [Despite the] rural frontier setting that experiences provider shortages... [Magellan] still manages to best national averages, while maintaining high family and youth satisfaction. That is a true achievement and showcases the leadership and dedication of all involved."*

– Lisa Brockman, program manager, Wyoming Department of Health

# Improved outcomes in our communities

## Magellan of Louisiana



Children ages 5–20 with BH challenges who are in or at risk of out-of-home placement, including children with intellectual or developmental disabilities (ID/D), or foster care or juvenile justice involvement.

- 74% improvement in youth clinical functioning
- Only 6.6% of program participants spent any days in an inpatient hospital setting

[www.MagellanofLouisiana.com](http://www.MagellanofLouisiana.com)

## Magellan Behavioral Health of Pennsylvania



Full lifespan BH carveout including assessment, testing, treatment and training for 0–5 year olds; BH and applied behavior analysis services for all youth; specialized transition aged youth programs.

- 91.7% decrease in crisis services utilization
- 63% decrease in inpatient admissions

[www.MagellanofPA.com](http://www.MagellanofPA.com)

## Magellan of Wyoming



Children ages 4–20 with BH challenges who are at risk of out-of-home placement, are on an ID/D waiver waitlist or have multi-system involvement.

- 95% of youth served remain in their homes
- 75% savings to care for youth in the program vs. inpatient care
- 4.8 out of 5 overall program satisfaction

[www.MagellanofWyoming.com](http://www.MagellanofWyoming.com)

## Magellan of New Mexico



Lifelong care, prioritizing highest risk youth, including applied behavior analysis; community-based services; care coordination driven by youth and family choice; peer recovery services; and assistance with SDOH.

- 93% of parents and caregivers have action steps to meet their child's needs

For more information, email Magellan at [PSBusinessDevelopment@MagellanHealth.com](mailto:PSBusinessDevelopment@MagellanHealth.com)

## Magellan of Virginia



Full lifespan of BH services with a special focus on children returning from residential to their communities. All parents of residentially involved children are offered a nationally certified family support specialist.

Family support coordinators have helped decrease residential stays by an average of 61 days per child.

[www.MagellanofVirginia.com](http://www.MagellanofVirginia.com)

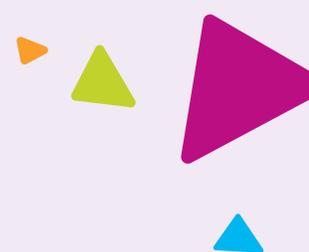
## Magellan of Florida



Independent evaluator network and intensive care coordination for youth in psychiatric residential treatment facilities.

Magellan helped 46% of children living in vulnerable situations receive a non-residential level of care recommendation, which safeguarded dependent children from unnecessary restrictive levels of care.

[www.MagellanofFlorida.com](http://www.MagellanofFlorida.com)



# Clinical interventions driving success

Magellan's clinical models are evidence-based and focused on achieving positive outcomes for children, youth and their families.

## Magellan Autism Connections® for autism spectrum disorder (ASD)

A first-of-its-kind, comprehensive solution for children and their caregivers, having served 12 million members and significantly lowering costs, achieved:

- 93% of caregivers report providers work well with them and their child
- 93% of families learned how to use applied behavior analysis techniques
- Up to 80% of members make excellent clinical progress

## Early Childhood Mental Health Consultation for infant mental health

Our pilot program kept children ages 0–5 in their homes and mainstream educational settings by:

- Referring 23% of children for evaluations
- Linking 23% of families with community supports

## Youth with trauma histories

In one of our High Fidelity Wraparound (HFW) programs, 43% of youth had actionable needs related to trauma. By the time of discharge, our intensive care coordination and wraparound model reduced their adjustment to trauma risk by 46%.

## Transition to independence (TIP)

We help people ages 16–26 with emotional and behavioral difficulties prepare for movement into adult roles, and provide developmentally appropriate services and support, achieving:

- 60% decrease in spending for inpatient stays
- 60% decrease in overall spending
- 41% decrease in inpatient admissions

## Peer support

Our dedicated recovery and resiliency leader recently assisted 32 new peer support providers, including for young adults, in joining our network to help members through their invaluable lived experience with BH and substance use challenges.

## Substance use disorder (SUD)

Magellan's approach provides support across the stages of addiction, from prevention to early intervention and comprehensive care coordination. In our HFW program, we helped a young man begin attending group substance use classes and receiving regular counseling, drug tests, and social and daily living skills and supports from members of his team, including his school. He stopped abusing substances, found a part-time job and graduated high school.

## Youth with multisystemic involvement (justice, child welfare, special education)

Results of our multisystemic therapy (MST) program included:

- 43% decrease in inpatient stays
- 24% decrease in residential treatment facility utilization
- 22% decrease in total spending

## Youth and family voice and choice

Since 2008, the Magellan Youth Leaders Inspiring Future Empowerment (MY LIFE) initiative has engaged youth and young adults with lived experience of mental health or substance use conditions and child-serving systems in meaningful opportunities to develop recovery and resiliency skills and provide ongoing feedback to system transformation efforts.

## High Fidelity Wraparound (HFW)

- 89% caregiver satisfaction with youth progress
- 88% overall member satisfaction
- 88% caregiver and 83% youth satisfaction that the family setting had improved
- Since starting wraparound, only 11% of youth had an out-of-home placement
- Louisiana youth enrolled in our CSoC program demonstrated improved school functioning with:
  - 66% overall improvement
  - 64% improvement in school behavior
  - 60% improvement in school attendance

# A view into how we're helping our clients and members

## Wraparound transforms a young girl's life

A 15-year-old youth was referred for wraparound services upon her return to the community from a nine-month residential placement. Her history included suicidal ideation, substance use, anger outbursts, and runaway behaviors that resulted in legal charges for assault and battery and several school suspensions.

Through participation in the wraparound program, she was supported in identifying and establishing natural supports, including with a member of her tribe who became a part of her Child and Family Team and assisted her in obtaining her tribal identification.

By the end of wraparound enrollment, she became connected to vocational rehabilitation and other services, and the customs and traditions of her tribe, and was on track to graduate on time.

## Going the extra mile for our clients

A representative from the Florida Department of Children and Families shared, "I would like to first thank Cassie for working so diligently last night to accommodate the request made by the Office of Child Welfare regarding a high-risk minor child. In addition, special thanks to the qualified evaluator who was available to conduct the assessment during late hours. Your hard work and dedication do not go unnoticed."

## Cultural competency needs met for 97% of program members

- 14% over goal for meeting language, race, religion and cultural needs!
- 100% cultural competency compliance achieved!

### Best-in-class clinical expertise



Explore our award-winning clinical monographs highlighting evidence-based research on the appropriate use of psychotropic drugs in children and children's behavioral health.

### Support for primary care



Check out our PCP Toolkit, offering comprehensive resources for primary care physicians to manage BH conditions and support the needs of our members and families, as we experience a BH provider shortage.

For more information about how our customized solutions for children are making a difference, contact [PSBusinessDevelopment@MagellanHealth.com](mailto:PSBusinessDevelopment@MagellanHealth.com) or visit us online at [MagellanHealthcare.com/Youth](https://MagellanHealthcare.com/Youth).