



July is

BIPOC Mental Health Awareness Month

Accessing needed mental healthcare is often more difficult within BIPOC (Black, Indigenous and People of Color) communities.

1. People in marginalized communities face systemic barriers to care.
2. Individuals within many BIPOC demographic categories experience disproportionate psychological distress, depression and suicidality.
3. Providers need to foster trusting, healing mental health environments and help eradicate minority stigma.

**For more information and resources,
visit MagellanHealthcare.com/BIPOC-MH.**