

July is Black, Indigenous and People of Color (BIPOC) Mental Health Awareness Month

If you have a mental health problem, you may worry about what other people will think of you. Your attitude and actions can influence what others think. Be honest with people, and show them who you really are.

For more information, visit healthwise.net/MagellanHealth (search for "mental health") and MagellanHealthcare.com/BIPOC-MH.

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