



# July is BIPOC Mental Health Awareness Month

Getting needed mental healthcare is often more difficult for individuals within BIPOC (Black, Indigenous and People of Color) and LGBTQ+ communities.

They face unique stressors that increase vulnerability to mental health conditions when it comes to accessing mental health help.

Find information and resources to help at [MagellanHealthcare.com/BIPOC-MH](https://MagellanHealthcare.com/BIPOC-MH).

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