

Connect Nevada: Strengthening Youth, Empowering Families

Planned and Emergency Respite Care

Planned respite services allow youth to safely remain in the home while caregivers are provided with additional supportive services. Respite provides temporary relief for caregivers from the ongoing responsibility of caring for a youth with behavioral health needs or in any special circumstance that may place them at risk of out-of-home placement or child welfare involvement.

These services reduce parental burnout, recognize the importance of supporting parents in caring for children and youth with complex needs, and emphasize out-of-home placement prevention.

Planned respite is defined as one or more respite sessions that are scheduled ahead of time. Emergency respite is defined as immediate temporary/short-term care for youth when families/caregivers are facing a crisis, and no other safe childcare options are available. Respite is a critical element of a comprehensive, community-based service array and is meant to provide immediate stress relief for family/caregivers and prevent a crisis or any negative physical or emotional effects. Respite may take place in-home or out-of-home. Respite services include linking youth/families/caregivers to long-term community-based services and supports.

Both planned and emergency respite will be provided using a self-directed model, which allows families to select their provider, and by using existing and/or new community-based providers.

Admission Criteria

The following criteria must be met:

- A. Respite must be recommended on the plan of care.
- B. Youth must qualify for enrollment in the Care Management Entity (CME) model.
- C. Demonstrates one or more needs on a comprehensive assessment.
- D. Youth must be willing to participate in outpatient treatment and/or community-based services.
- E. Respite is limited to eight (8) hours per month for each youth.

Admission – Exclusionary Criteria

- A. Respite shall not be provided simultaneously with any inpatient or residential levels of care.

Continued Services Criteria

The following criteria must be met:

- A. Family or caregivers are utilizing respite service.
- B. Respite care is recommended on the plan of care.