



News and solutions for
you and your members

Magellan
HEALTHCARE.



WHAT'S NEW?



2025 BIPOC MENTAL HEALTH AWARENESS MONTH TOOLKIT

July is Black, Indigenous and People of Color (BIPOC) Mental Health Awareness Month. This year's theme is "Nourishing our roots: Prioritizing self-care and nutrition for mental wellbeing."

Download materials from our campaign toolkit to help raise awareness and spark meaningful conversations that support BIPOC mental health.

The toolkit includes:

- Flyer
- Poster



WHAT ELSE?



BEHAVIORAL HEALTH MATTERS PODCAST

BEHAVIORAL HEALTH MATTERS



PODCAST

Listen to our latest episode!

[Tune in](#) for a conversation with Jim Presto, co-chair of the Eastern PA Chapter of the American Foundation for Suicide Prevention and board president of Aevidum, as he shares helpful information about suicide awareness and prevention.

- Digital sign
- Activity
- Virtual background

[Download Materials](#)

LOOKING FOR MORE BIPOC MENTAL HEALTH RESOURCES?

Learn about organizations dedicated to improving BIPOC mental health and saving lives [here](#).

SPOTLIGHT MAGELLAN: GET TO KNOW MICHELLE PENMAN



This month we're shining the spotlight on Michelle Penman, training manager, family advocacy support services, federal market.

MAGELLAN INSIGHTS BLOG



[AI and Mental Health: Reclaiming Control in a Digitally Driven World](#)

[Stay Mentally Stronger this Summer](#)

MAGELLAN MINUTE WEBINAR



[Practice Healthy Social Media Use with Dr. Nicolatta Tessler](#)

NEWS



Discover her secret talents.



Learn about goals she's aiming to achieve in five to ten years.



Plus, uncover her favorite things to do on weekends.

[Get to know Michelle!](#)

MIND YOUR MENTAL HEALTH

Mind Your Mental Health is Magellan Healthcare's educational initiative designed to raise awareness about mental health and mental illness.

June's theme is "Prioritize your needs."

Becker's Hospital Review,
[Driving Whole-Person Care: Dr. Caroline Carney on Behavioral Health Innovation](#)

Behavioral Health Business,
[How Behavioral Health Providers Can Build Better Value-Based Care Infrastructure](#)

Central Bucks News,
[Magellan Cares Foundation Kickstarts Bucks-Mont Food Drive](#)

UPCOMING EVENTS

AHIP Conference

June 16 - June 18, 2025 - Las Vegas, NV

[Learn more and register](#)

Michigan Association of Health Plans (MAHP) Annual Conference

July 22 - July 25, 2025 - Acme, MI

[Learn more and register](#)

National Association of State Mental Health Directors (NASMHPD) Annual Conference

July 27 - July 29, 2025 - Washington, D.C.

Visit
MagellanHealthcare.com/about/bh-resources/mymh for more information
and resources.

**FOLLOW US ON
SOCIAL MEDIA!**

**Do you know Magellan
is active on social media?**

We share valuable content daily! From wellness insights and tips to inspiring stories and community updates, our channels keep you informed, provide helpful resources and show how we're supporting whole-person care.

Stay in the know—follow us on:



[Learn more and register](#)

**[Check out where else we'll be in
2025.](#)**

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Anyone can sign up to receive this newsletter by choosing "Behavioral health webinars and education" in the form [here](#).