



**SPOTLIGHT MAGELLAN: GET TO
KNOW
STACY STONER**



This month we're shining the spotlight on Stacy Stoner, supervisor, corporate travel program, Magellan Healthcare.



Learn about her favorite books.



MAGELLAN INSIGHTS BLOG



[Breaking Through Presenteeism: How Smart Support Systems Transform Workplace Focus](#)

[Mind your Mental Health: The Impact of Nutrition on Mental Wellbeing](#)

[Practice Healthy Social Media Use: Recapping the Magellan Minute with Dr. Nicoletta Tessler](#)

[Supporting the Whole Family: Why](#)



Discover the top destination on her bucket list.



Plus, uncover who Khaki is and where to find him.

[Get to know Stacy!](#)

2025 BIPOC MENTAL HEALTH AWARENESS MONTH TOOLKIT

July is Black, Indigenous and People of Color (BIPOC) Mental Health Awareness Month.

Check out the latest Magellan Health Insights article, "[Nourishing our roots: Prioritizing self-care and nutrition for mental wellbeing](#)," to discover how healthy practices can positively impact BIPOC mental health.

[Teen Mental Health is Now a Workplace Priority](#)

DEPRESH MODE WITH JOHN MOE PODCAST



You're Not Imagining it, Climate Change IS Messing with Your Mental Health

[Tune in](#) to the *Depresh Mode with Joe Moe* podcast to hear Dr. Caroline Carney, President of Behavioral Health and Chief Medical Officer at Magellan Health, discuss the connection between mental health and the growing impact of climate change.

Learn what you can do to better understand and address these effects and gain insight on how the medical community is aiming to confront these urgent challenges.

Download materials from our campaign toolkit to help raise awareness.

The toolkit includes:

- Flyer
- Poster
- Digital sign
- Activity
- Virtual background

[Download Materials](#)

LOOKING FOR MORE BIPOC MENTAL HEALTH RESOURCES?

Learn about organizations dedicated to improving BIPOC mental health and saving lives [here](#).

MIND YOUR MENTAL HEALTH

Mind Your Mental Health is Magellan Healthcare's educational initiative designed to raise awareness about mental health and mental illness.

July's theme is "Improve your self-esteem."

Visit

NEWS

Magellan Health,
[Magellan Healthcare Selected to Administer Louisiana's Early Childhood Supports and Services Program](#)

News Break,
[Digital Tools with a Human Touch - 4 Takeaways on Magellan Health's Partnership with Calm Health](#)

Venture Capital Access Online,
[Arine Raises Series C to Scale AI-Driven Medication Optimization and Power Value-Based Outcomes](#)

UPCOMING EVENTS

TECHSPO

July 21 - July 22, 2025 - San Francisco, CA

[Learn more and register](#)

National Association of State Mental Health Program Directors Annual Conference

July 27 - July 29, 2025 - Washington, D.C.

[Learn more and register](#)

MagellanHealthcare.com/about/bh-resources/mymh for more information and resources.

**FOLLOW US ON
SOCIAL MEDIA!**

**Do you know Magellan
is active on social media?**

We share valuable content daily! From wellness insights and tips to inspiring stories and community updates, our channels keep you informed, provide helpful resources and show how we're supporting whole-person care.

Stay in the know—follow us on:



**Military Health System Research
Symposium**

August 25 - August 28, 2025 - Orlando,
FL

[Learn more and register](#)

[Check out where else we'll be in
2025.](#)

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