



WHAT'S NEW?



SPOTLIGHT MAGELLAN: GET TO KNOW KIMBERLY ELIAS



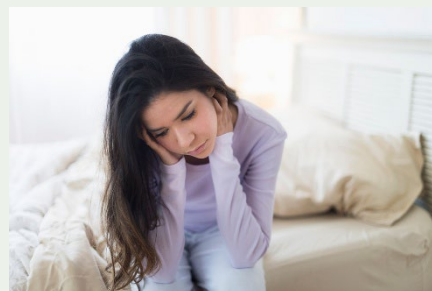
This month, we're shining the spotlight on Kimberly Elias, sales executive, employer market, Magellan Healthcare.



WHAT ELSE?



MAGELLAN INSIGHTS BLOG



[Mind your mental health: October is National Depression and Mental Health Screening Month](#)

[Staying grounded when life feels overwhelming](#)

[Stop bullying in its tracks: How employers can support families and kids](#)

Learn about a typical workday for Kimberly.



Discover her favorite recipe.



Plus, learn who inspires Kimberly and her favorite thing to do on weekends.

[Get to know Kimberly!](#)

2025 NATIONAL DEPRESSION AND MENTAL HEALTH SCREENING MONTH

October is National Depression and Mental Health Screening Month (NDMHSM). This year's theme is "Staying grounded: Finding stability amid life's challenges."

Download and use materials from our

MAGELLAN CRISIS CONNECT 360SM



**CRISIS
Connect
360**

As a single accountable entity, Magellan Crisis Connect 360 is transforming how communities respond to behavioral health crises—helping individuals move from crisis toward a more stable tomorrow, supported every step of the way by timely care, follow-up, connection to services and a focus on lasting wellbeing.

[Discover Magellan Crisis Connect 360](#)

NEWS



Magellan Health, [Magellan Health](#)

toolkit to spread awareness, reduce stigma and encourage individuals to seek treatment:

- **Flyer:** Learn small actions to support your mental health anytime, anywhere.
- **Poster:** Find steadiness when life feels overwhelming through physical, mental and emotional grounding.
- **Digital sign:** Promote NDMHSM on monitors, TV screens, intranet and other digital spaces.
- **Virtual background:** Show your support during meetings.
- **Activity:** Practice grounding techniques to guide your attention back to the here and now when you're feeling overwhelmed or disconnected.

[Download Materials](#)

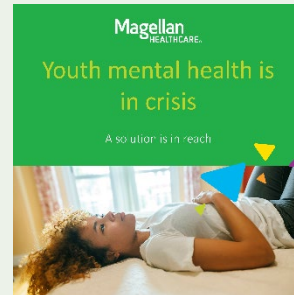
**FOLLOW US ON
SOCIAL MEDIA!**

**Do you know Magellan
is active on social media?**

[appoints Dr. Steven E. Pratt as Chief Medical Officer](#)

[Becker's Healthcare, 'We're not the police': Rethinking payer-provider dynamics with Magellan's chief medical officer](#)

[Magellan Health, Magellan Health enhances digital support for caregivers of children with autism through collaboration with Attend Behavior](#)



[Magellan Health, Magellan Health white paper reveals breakthrough in pediatric behavioral health outcomes through collaborative care](#)

UPCOMING EVENTS

NAMD 2025 Fall Conference

November 18-21, 2025
Oxon Hill, MD

[Learn more and register](#)

We share valuable content daily!
From wellness insights and tips
to inspiring stories and community
updates, our channels keep you
informed, provide helpful
resources and show how we're
supporting whole-person care.

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year.](#)

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