Behavioral Healthcare Management

Magellan's Behavioral Healthcare Management Solution combines advanced clinical approaches and innovative technology to improve member outcomes. Our 50-year experience in behavioral health has resulted in a unique approach that has reduced costs for hundreds of health plans, up to $41 million over four years.[1]

The Magellan difference

Identification

- **Analytics** help identify undertreated individuals early and point to interventions.
- **Utilization management**, with a range of automated and expert reviews, helps ensure the right treatment is delivered at the right time.

Intervention

- **Behavioral health screenings** help identify potential behavioral health issues, including substance use, and direct members to treatment
- **Case management** helps ensure care is aligned and integrated within medical delivery systems.
- **Peer support** connects members with community and social support.
- **Innovative clinical programs** are used to manage high-cost, complex populations.

Technology

- Digital tools help identify, engage, educate and increase access to behavioral healthcare.
- Behavioral, medical and pharmacy costs are analyzed continuously to customize care pathways.[2]

Many need help. Most aren't getting it. Turn to Magellan.

We can help your health plan address the staggering statistics:

- In the U.S., 26% of individuals 18 and older suffer from a diagnosable mental disorder.[3]
- In countries like the U.S., with well-organized healthcare systems, the average delay between onset of mental illness symptoms and treatment is 11 years.[4]
- In 2017, members with comorbid physical and mental health conditions made up 34% of total health plan expenditures (Medicaid, Medicare and commercial).[5]
- Effective integration of behavioral and physical healthcare for comorbid patients can generate up to 25–35% savings in medical costs.[6]

Please contact us at gensales@magellanhealth.com to discuss how we can help you improve identification, engagement, cost savings and member quality of life.

Our core and integrated product packages offer varying levels of clinical intensity, digital health access, medical integration and risk sharing.

Core

Reduces high-cost behavioral health trends

- High-performing, cost-effective network, including telehealth providers
- Online PCP toolkit
- Outlier provider management and coaching
- Specialty outpatient services
- Hospital transition planning
- Case management
- 24/7 CareLine
- Data sharing and integration
- Utilization management
- Claims adjudication
- Quality reporting

Enhanced

Reduces costs through behavioral & physical health integration

Includes core features, plus:

- Faster authorizations and more frequent medical record reviews
- On-site discharge planning at high-volume facilities
- Peer support specialists and case managers
- Virtual care—SmartScreener, digital cognitive behavioral therapy, and text therapy
- Claims payment
- HEDIS FUH reporting

Optional features

- Analytics-driven identification using medical, pharmacy and BH data[7]
- App-based smoking cessation
- Autism services
- Transcranial magnetic stimulation
- Screen and Engage program
- Chronic pain management
- Opioid risk management
- MAT-OBOT network and support

Our robust approach helps decrease costs, improve engagement and increase community tenure, leading to better lives for the members we serve.

1. *Magellan health plan client, 200 million members in commercial and publicly funded programs, 2012-2016.*
2. *When provided by health plan clients.*
3. *Mental health disorders statistics_85, P00753. (n.d.) Retrieved March 22, 2018, from www.hopkinsmedicine.org.*
4. *Mental health by the numbers. (2019, September). Retrieved November 17, 2019 from www.nami.org.*
5. *Melek, S., Norris, D. and Paulus, J. 2014. Milliman American Psychiatric Association Report: Economic Impact of Integrated Medical-Behavioral Healthcare.*
6. *Magellan Analysis, 2016.*
7. *When provided by health plan clients.*

Magellan HEALTHCARE®