

**STAY HOME  
for MY LIFE**  
**VIRTUAL  
YOUTH  
FEST**

# HELPING OTHERS SHINE

**Thursday, March 25, 2021**  
**6:00-7:30 p.m. Eastern**

*Inspirational speakers, uplifting entertainment, fun activities and information on a variety of topics important to youth.*

Stay Home for MY LIFE is an inspiring online event designed for youth and young adults who have experience with mental health, substance use, foster care and/or other challenges.

These amazing speakers will share their personal stories and experience with helping others overcome challenges and shine.

**Wesley Stewart**, founder, Urban Surf 4 Kids and Every Kid Swims

**Nicholas Emeigh**, director of outreach and development, NAMI Bucks County PA

**Emily Miller**, certified peer support specialist, Bucks County Peer Net

**Free Event**

Registration is required

**<http://bit.ly/mylife2021>**



**For more information, contact:**

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or visit Facebook.com/mylifeyouth



National Federation of Families  
for Children's Mental Health

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