



News and solutions for  
you and your members

Magellan  
HEALTHCARE.



## WHAT'S NEW?



### 2025 MENTAL HEALTH AWARENESS MONTH TOOLKIT

May is Mental Health Awareness Month. This year's theme is "Navigating mental health through every age and stage."

Download materials from our campaign toolkit to spread awareness, reduce stigma, and improve and save lives.

The toolkit includes:

- Flyer
- Poster
- Digital sign
- Activity



## WHAT ELSE?



### MAGELLAN MINUTE



**Missed our latest Magellan Minute, *Invest in Rest*, or want to revisit?** [Click here](#) to watch or listen to the 15-minute recording at your convenience.

**Short on time?** Catch the top takeaways in this [3-minute blog post](#).

---

### MAGELLAN INSIGHTS BLOG

- Virtual background

[Download Materials](#)

## VISIT OUR MENTAL HEALTH AWARENESS MONTH WEBSITE

### Looking for more mental health resources?

Check  
out [magellanhealthcare.com/bh-  
resources](https://magellanhealthcare.com/bh-resources).

## SPOTLIGHT MAGELLAN: GET TO KNOW DR. JAMIE HANNA



This month we're shining the spotlight on Dr. Jamie Hanna, national senior medical director, children's behavioral health.

Discover what she's currently binge-watching and which Thanksgiving side



[Autism Spectrum Disorder from the Inside: Five Autism Tips from a Clinician with Lived Experience](#)

[April is Autism Acceptance Month: Supporting Neurodiversity and the Whole Person](#)

[Why Investing in Employee Mental Wellbeing Drives Business Results: A Deep Dive Into NeuroFlow](#)

## NEWS

*California Business Digest*, [Present Moments Recovery Partners with Magellan Health to Expand Access to Drug Rehabilitation in San Diego](#)

*The Valley Ledger*, [Just Because It's Legal Doesn't Mean It's Safe](#)

dish she's famously in charge of keeping flawless. Plus, meet her four quirky cats—Make Make, Ceres, Fox, and Blue Star—and get a glimpse of their unique personalities.

[Get to know Jamie!](#)

---

## MIND YOUR MENTAL HEALTH



Mind Your Mental Health is Magellan Healthcare's educational initiative designed to raise awareness about mental health and mental illness.

April's theme is Autism Acceptance Month.

Visit

[MagellanHealthcare.com/about/bh-resources/mymh](https://MagellanHealthcare.com/about/bh-resources/mymh) for more information and resources.

## UPCOMING EVENTS

### Becker's Healthcare 15th Annual Meeting

April 28-May 1, 2025 - Chicago, IL

[Learn more and register](#)

### 2025 Arizona State of Reform Health Policy Conference

May 7, 2025 - Phoenix, AZ

[Learn more and register](#)

[Check out where else we'll be in  
2025.](#)

---

## SPREAD THE WORD!

Enjoy reading our monthly newsletter?  
Your friends, family and colleagues  
may too!

Please feel free to forward this email  
and visit our [monthly newsletter  
archive](#).

Anyone can sign up to receive this  
newsletter by choosing "Behavioral  
health webinars and education" in the  
form [here](#).

***Follow Magellan Healthcare on our social media channels***



© 2025 Magellan Health, Inc.