

## BEHAVIORAL HEALTH SPECIALIZED SOLUTION

# Collaborative Care Management

Magellan Health research shows 60% of first-time behavioral health (BH) emergency room visits involve patients who saw their primary care physician (PCP) within the past six months but had no BH diagnosis. What if primary care physicians (PCP) could seamlessly screen for and treat BH conditions before they become emergencies? With Magellan's Collaborative Care Management (CoCM) they can.

Integrated physical and behavioral healthcare is a key focus in the healthcare industry. Integrated care helps prevent and identify BH issues early, improves medication management for comorbidities, and supports long-term monitoring. This whole-person approach increases BH access and lowers total cost of care by reducing emergency and inpatient care.

Magellan's Collaborative Care Management (CoCM) solution unites our clinical expertise with best-in-class technology, empowering PCPs with tools and support to identify and address low to moderate BH conditions within the primary care setting before they escalate.

### How it works:

- **Patient registry** seamlessly integrates with electronic health records and workflows, facilitating member enrollment and real-time collaboration.
- **Validated measurement tools** proactively identify BH conditions, and **reassessments** measure treatment progress.
- **Magellan licensed care managers** provide direct support to enrolled members through brief, evidence-based behavioral interventions and resource identification, and work with PCPs, psychiatric consultants and members on care plans.
- **Magellan psychiatric consultants** review active CoCM cases and make diagnostic and treatment recommendations.
- **Member app** with self-care tools and personalized, evidence-based activities:
  - Helps build skills toward improved mental health.
  - Feeds patient-recorded outcomes to cloud-based registry for remote monitoring and risk stratification.
  - Provides continued support to patients after graduating from the program.

Magellan's Collaborative Care Management embodies our commitment to integrated healthcare, proactive screening, early identification and prevention—helping members achieve thriving lives, resilient minds and healthy bodies.



Ready to talk to someone about transforming your employee experience?  
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